

ADULT TENNIS PROGRAMS AT COPPERWYND RESORT & SPA



Tennis 101 Mondays 6:30-7:30pm, Saturdays 8-9am

Designed for beginner adults, this complimentary monthly 4 week series will provide you with the basic skills and knowledge to move forward with confidence in our tennis programs.

Price: Complimentary 4 week session for all Premier & Signature CopperWynd Members! \$60 (Non Members)

Instant Tennis Saturdays 9-10am

Designed for the player who is returning to the game or recently starting out/Tennis 101 graduates. This clinic will give participants the basic fundamentals of the game, taking you through stroke development and match and point play development.

Price: \$15 (Premier Members)/ \$20 (Non Members)

Open Clinic Thursdays 6:30-7:30pm, Fridays 9-10am

Open to all intermediate to advanced players. Participants will be grouped by level. Clinics focus on drilling, strategy and point play situations.

Price: \$15 (Premier Members)/ \$20 (Non Members)

Cardio Tennis Wednesdays 9-10am

Take your cardio routine out of the gym and on to the tennis court! Cardio Tennis is designed to give you a complete cardio workout and is for all levels.

Price: \$15 (Premier Members)/ \$20 (Non Members)

Sip 'n Serve Tuesdays 6:30-8pm

Join us for a new kind of Tennis Program where it doesn't matter if you play tennis all the time or you're dusting off your high school racquet, perfect for Tennis 101 graduates and Instant Tennis players.

Participants must be 18+

4-Week Session Price: \$30 Premier Members/ \$45 Non Members | Drop In Price: \$10 Members/ \$15 Non Members

Private & Semi Private Lessons Available

For more information or to sign up for a class, contact our tennis staff at 480.333.1842 or email n.heron@cliffdrysdale.com