



A new fitness class at Arrowhead combining the best of stretching, pilates and yoga.

Starting July 6:
Tuesdays from 7:30am - 8:30am
Thursdays from 7:30am - 8:30am

COST:
Residents: \$10
Guests: \$15

SIGN UP TODAY!

For more information or to **SIGN UP NOW** please contact Hannah Thompson at 802.430.9594 or via email h.thompson@cliffdrysdale.com

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